

Faith Church 21 Days of Prayer and Fasting

A churchwide journey of consecration leading into Hunger Conference

Prepare our hearts Unite our church Believe for a move of God

Purpose

For 21 days, Faith Church will pray and fast together so that we arrive at Hunger Conference spiritually awake, united, and expectant. The journey moves from personal consecration, to prayer for our church and communities, to focused intercession for salvation, healing, freedom, revival, and lasting fruit.

Recommended Rhythm

- Fast from sunrise to sundown as you are physically able. Anyone who is pregnant, managing a medical condition, taking medication, or under medical care should choose a safe alternative with guidance from a healthcare professional.
- Begin each day with the Scripture and prayer focus. Pause at noon for a short churchwide prayer moment or Facebook Live. End the day by recording what God showed you.
- Fast food, one meal, specific foods, entertainment, social media, or another comfort. The goal is not simply abstinence; it is making intentional room for God.
- Use the daily action to turn prayer into obedience, invitation, encouragement, or service.

Week One

Consecrate Our Hearts

Day 1 September 18 Return to Your First Love

Scripture Revelation 2:4-5

Prayer focus Ask God to renew your love for Jesus and restore wholehearted devotion.

Faith action Set aside distractions and spend 15 unhurried minutes worshipping Jesus.

Day 2 September 19 Repentance and a Clean Heart

Scripture Psalm 51:10-12

Prayer focus Invite the Holy Spirit to reveal and remove sin, compromise, offense, and pride.

Faith action Confess specifically, receive grace, and make one needed thing right.

Day 3 September 20 Surrender and Consecration

Scripture Romans 12:1-2

Prayer focus Offer every plan, relationship, habit, and ambition to God again.

Faith action Write down one area you have been controlling and surrender it in prayer.

Day 4 September 21 A Deeper Hunger for God

Scripture Psalm 42:1-2

Prayer focus Pray that spiritual appetite would become stronger than comfort or distraction.

Faith action Replace one block of screen time with Scripture and prayer.

Day 5 September 22 Hunger for Gods Word

Scripture Jeremiah 15:16

Prayer focus Ask God to make His Word alive, treasured, understood, and obeyed.

Faith action Read one chapter slowly and write down what God is asking you to do.

Day 6 September 23 Fresh Filling of the Holy Spirit

Scripture Ephesians 5:18

Prayer focus Ask for fresh power, sensitivity, spiritual gifts, and bold obedience.

Faith action Pause throughout the day and pray, Holy Spirit fill me and lead me.

Day 7 September 24 Faith for the Impossible

Scripture Mark 9:23-24

Prayer focus Pray against unbelief and ask God to enlarge the faith of our entire church.

Faith action Name one impossible situation and pray Gods promises over it.

Week Two

Unite and Strengthen Our Church

Day 8 September 25 Unity Across Faith Church

Scripture Psalm 133:1

Prayer focus Pray for one heart across New Milford, Wolcott, Spanish ministry, and New York.

Faith action Encourage or pray with someone from another team, service, or campus.

Day 9 September 26 Pastor Frank and Church Leadership

Scripture 1 Timothy 2:1-2

Prayer focus Pray for wisdom, protection, health, courage, clarity, and fresh anointing.

Faith action Pray by name for Pastor Frank, Pastor Lisa, pastors, staff, and campus leaders.

Day 10 September 27 Worship and the Presence of God

Scripture Psalm 22:3

Prayer focus Pray that worship will lift up Jesus and create room for people to encounter God.

Faith action Worship at home and pray for every vocalist, musician, and production volunteer.

Day 11 September 28 Serve Teams and Conference Volunteers

Scripture 1 Peter 4:10

Prayer focus Pray for joy, strength, excellence, flexibility, and servant hearts in every role.

Faith action Thank a volunteer and pray that every open serving need is filled.

Day 12 September 29 Families and the Next Generation

Scripture Joshua 24:15

Prayer focus Pray for marriages, parents, children, youth, prodigals, and generational blessing.

Faith action Pray over each member of your household by name.

Day 13 September 30 Healing and Restoration

Scripture Psalm 147:3

Prayer focus Pray for physical, emotional, relational, and spiritual healing at the conference.

Faith action Reach out to someone who needs healing and pray with them.

Day 14 October 1 Chains of Bondage Broken

Scripture Isaiah 61:1

Prayer focus Pray for freedom from addiction, fear, shame, trauma, oppression, and generational bondage.

Faith action Declare Christ's freedom over one person or family by name.

Week Three

Prepare for Encounter and Lasting Fruit

Day 15 October 2 Our Cities and Communities

Scripture Jeremiah 29:7

Prayer focus Pray for New Milford, Wolcott, New York City, surrounding towns, schools, and civic leaders.

Faith action Prayer-walk your street, workplace, school, or church neighborhood.

Day 16 October 3 Every Invitation and Every Guest

Scripture Luke 14:23

Prayer focus Pray for divine appointments, open hearts, transportation, schedules, and courage to attend.

Faith action Personally invite three people and offer to attend or travel with them.

Day 17 October 4 Salvation and Prodigals Coming Home

Scripture Luke 15:20-24

Prayer focus Pray for conviction, repentance, salvation, and restored relationship with the Father.

Faith action Write five names and pray for each one daily through the conference.

Day 18 October 5 Conference Speakers and Ministry Teams

Scripture Ephesians 6:19

Prayer focus Pray for clear prophetic preaching, humility, protection, and precise words from God.

Faith action Pray by name for every announced speaker and ministry leader.

Day 19 October 6 A Mighty Move of God

Scripture Acts 4:31

Prayer focus Ask God to move beyond programs, expectations, and human ability.

Faith action Join with another believer and agree in prayer for revival.

Day 20 October 7 The Fire of Revival

Scripture Habakkuk 3:2

Prayer focus Pray for awakening, holiness, sustained prayer, and transformed communities.

Faith action Ask God to begin revival in you, then in your home and church.

Day 21 October 8 Boldness and Lasting Fruit

Scripture Acts 4:29-30

Prayer focus Pray that people will respond boldly, share the gospel, be disciplined, and carry the fire forward.

Faith action Come expectant, bring someone, and commit to one next step after the conference.

Pray With Us

Daily Online Prayer

September 18 through October 3 at 12:00 PM

Join us live each day on the Faith Church Facebook page.

In Person Prayer

October 5 through October 8 at 6:00 PM

Faith Church New Milford Campus

600 Danbury Road

New Milford, CT 06776

How to Use This Guide

- Read the daily Scripture slowly and ask the Holy Spirit to speak to you.
- Pray specifically through the daily focus.
- Complete the faith action as a response of obedience.
- Write down what God shows you and share testimonies with Faith Church.
- Come to Hunger Conference expectant, ready to worship, receive, and respond.