

**John 20:1-18 NKJV** Now the first day of the week Mary Magdalene went to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. 2 Then she ran and came to Simon Peter, and to the other disciple, whom Jesus loved, and said to them, “They have taken away the Lord out of the tomb, and we do not know where they have laid Him.” 3 Peter therefore went out, and the other disciple, and were going to the tomb. 4 So they both ran together, and the other disciple outran Peter and came to the tomb first. 5 And he, stooping down and looking in, saw the linen cloths lying there; yet he did not go in. 6 Then Simon Peter came, following him, and went into the tomb; and he saw the linen cloths lying there, 7 and the handkerchief that had been around His head, not lying with the linen cloths, but folded together in a place by itself. 8 Then the other disciple, who came to the tomb first, went in also; and he saw and believed. 9 For as yet they did not know the Scripture, that He must rise again from the dead. 10 Then the disciples went away again to their own homes. 11 But Mary stood outside by the tomb weeping, and as she wept she stooped down and looked into the tomb. 12 And she saw two angels in white sitting, one at the head and the other at the feet, where the body of Jesus had lain. 13 Then they said to her, “Woman, why are you weeping?” She said to them, “Because they have taken away my Lord, and I do not know where they have laid Him.” 14 Now when she had said this, she turned around and saw Jesus standing there, and did not know that it was Jesus. 15 Jesus said to her, “Woman, why are you weeping? Whom are you seeking?” She, supposing Him to be the gardener, said to Him, “Sir, if You have carried Him away, tell me where You have laid Him, and I will take Him away.” 16 Jesus said to her, “Mary!” She turned and said to Him, “Rabboni!” (which is to say, Teacher). 17 Jesus said to her, “Do not cling to Me, for I have not yet ascended to My Father; but go to My brethren and say to them, ‘I am ascending to My Father and your Father, and to My God and your God.’” 18 Mary Magdalene came and told the disciples that she had seen the Lord, and that He had spoken these things to her.

**John 19:25-27 NKJV** Now there stood by the cross of Jesus His mother, and His mother’s sister, Mary the wife of Clopas, and Mary Magdalene. 26 When Jesus therefore saw His mother, and the disciple whom He loved standing by, He said to His mother, “Woman, behold your son!” 27 Then He said to the disciple, “Behold your mother!” And from that hour that disciple took her to his own home.

**John 19:26 NKJV...“Woman, behold your son!”**

- a) A word of Validation
  - **Matthew 15:28** NKJV “O woman, great is your faith! Let it be to you as you desire.” And her daughter was healed from that very hour.
  - **Luke 13:12-13** NKJV Woman, you are loosed from your infirmity.” 13 And He laid His hands on her, and immediately she was made straight, and glorified God.
- b) A word of Remembrance
  - **Genesis 3:15** NKJV And I will put enmity Between you and the woman, And between your seed and her Seed; He shall bruise your head, And you shall bruise His heel.”
  - **Psalm 34:20** NIV he protects all his bones, not one of them will be broken.
  - **Zechariah 12:10** NIV They will look on me, the one they have pierced,
- c) A word of Hope
  - **Psalm 121:1-2** NKJV I will lift up my eyes to the hills— From whence comes my help? 2 My help comes from the LORD,

## How God Helps Us Get Up and Move Forward...

### 1. Miracles.

*Notes:* ....  
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### 2. Messengers.

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### 3. His Voice – I love this one.

- **John 21:16** NKJV Jesus said to her, “Mary!” She turned and said to Him, “Rabboni!”
- **John 10:3** NKJV To him the doorkeeper opens, and the sheep hear his voice; and he calls his own sheep by name and leads them out.

*Notes:* ....  
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### 4. His Assignment.

- **Mark 16:7** NKJV But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you.”
- **2 Corinthians 1:3-4** NLT All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. 4 He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.

*Notes:* ....  
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### 5. His Assurance.

- **John 19:28-30** ESV 28 After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), “I thirst.” 29 A jar full of sour wine

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### 6. New Understanding.

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