

Numbers 13:23-33 NKJV 23 Then they came to the Valley of Eshcol, and there cut down a branch with one cluster of grapes; they carried it between two of them on a pole. They also brought some of the pomegranates and figs. 24 The place was called the Valley of Eshcol, because of the cluster which the men of Israel cut down there. 25 And they returned from spying out the land after forty days. 26 Now they departed and came back to Moses and Aaron and all the congregation of the children of Israel in the Wilderness of Paran, at Kadesh; they brought back word to them and to all the congregation, and showed them the fruit of the land. 27 Then they told him, and said: "We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit. 28 Nevertheless the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there. ... 30 Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." 31 But the men who had gone up with him said, "We are not able to go up against the people, for they are stronger than we." 32 And they gave the children of Israel a bad report of the land which they had spied out, saying, "The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature. 33 There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight."

Proverbs 23:7 KJV For as he thinks in his heart, so is he.

Philippians 4:8 KJV Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

Thoughts About Our Thoughts

1. You Get To Choose What You Think On.

- **Joshua 1:8** NKJV This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success
- **Philippians 4:7-9** 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. 8 ...think on these things. 9 and the God of peace shall be with you.
- **Numbers 13:23** Then they came to the Valley of Eshcol, and there cut down a branch with one cluster of grapes; they carried it between two of them on a pole.

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2. What You Think On Determines Your Destiny.

- **Num 13:33** NKJV There we saw the giants; and we were like grasshoppers in our own sight, and so we were in their sight."
- **Romans 12:2** NKJV And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.
- **Numbers 11:4-6** ... the children of Israel also wept again and said: "Who will give us meat to eat? 5 We remember the fish which we ate freely in Egypt, the cucumbers, the melons, the leeks, the onions, and the garlic; 6 but now our whole being is dried up; there is nothing at all except this manna before our eyes!"
- **Numbers 20:2-5** NKJV Now there was no water for the congregation; so they gathered together against Moses and Aaron. 3 ... saying: "If only we had died when our brethren died before the LORD! 4 Why have you brought up the assembly of the LORD into this wilderness, that we and our animals should die here? 5 And why have you made us come up out of Egypt, to bring us to this evil place? It is not a place of grain or figs or vines or pomegranates; nor is there any water to drink."

- **Numbers 13:33** There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight.”
- **Numbers 20:7-12** NKJV Then the LORD spoke to Moses, saying, 8 “Take the rod; you and your brother Aaron gather the congregation together. Speak to the rock before their eyes, and it will yield its water; thus you shall bring water for them out of the rock, and give drink to the congregation and their animals.” ... 11 Then Moses lifted his hand and struck the rock twice with his rod; and water came out abundantly, and the congregation and their animals drank. 12 Then the LORD spoke to Moses and Aaron, “Because you did not believe Me, to hallow Me in the eyes of the children of Israel, therefore you shall not bring this assembly into the land which I have given them.”
- **Philippians 3:13-15** NKJV... but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, 14 I press toward the goal for the prize of the upward call of God in Christ Jesus.15 Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you.
- **Philippians 4:8** KJV Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

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Good Things to Think

1. Think Good Things About Yourself.

- **Numbers 13:32-33** KJV And they brought up an evil report of the land which they had searched unto the children of Israel, saying, The land, through which we have gone to search it, is a land that eateth up the inhabitants thereof; and all the people that we saw in it are men of a great stature. 33 And there we saw the giants, the sons of Anak, which come of the giants: and we were in our own sight as grasshoppers, and so we were in their sight.

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2. Think Good Things About God.

- **James 1:17** NKJV Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.
- **Matthew 7:11** NKJV If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!
- **Acts 10:38** NKJV how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.
- **Psalms 23:6** NKJV Surely goodness and mercy shall follow me all the days of my life;
- **Jeremiah 29:11-12** NLT For I know the plans I have for you,” says the LORD. “They are plans for good and not for disaster, to give you a future and a hope.

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3. Think Good Things About The Outcome.

- **Daniel 3:17** NKJV our God whom we serve is able to deliver us from the burning fiery furnace, and He will deliver us from your hand, O king.
- **Romans 8:28** NKJV And we know that all things work together for good to those who love God, to those who are the called according to His purpose.
- **Numbers 13:30** NKJV "Let us go up at once and take possession, for we are well able to overcome it."
- **Matthew 16:18** NKJV "I will build My church, and the gates of Hades shall not prevail against it."
- Luke 7:4-5 NKJV 4 And when they came to Jesus, they begged Him earnestly, saying that the one for whom He should do this was deserving, 5 “for he loves our nation, and has built us a synagogue.”

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